



#### **Disclaimer:**

**Home remedies are not to be used as an alternative for an appointment with the vet.**

#### **Holistic Treatment for KENNEL COUGH :**

Dulcamara herbal for phlegm

Echinacea herbal (immune system winter)

Honey 1 tsp and lemon night Garlic as antibiotics

#### **Homemade Remedies for CANINE MANGE and MITES :**

Canine mange can be a very distressing situation. Dogs will constantly itch or scratch to relieve the discomfort created by mites on their skin. Prescribed medication administered by a veterinarian will easily get rid of any mites associated with mange, but home remedies are available for pet owners whose dog breed is sensitive to certain drugs or who wish to use alternatives to the chemical components.

#### **Borax**

A solution consisting of the detergent borax is a popular home remedy for canine mange. The solution consists of borax mixed with peroxide at a ratio of around 2 cups peroxide to 1/2 cup borax. The solution is poured on the dog's skin and allowed to dry. With daily treatments, the eggs of the mange-related mites will die off and the dog should be mange-free within a few days. An alternative to borax is sodium perborate.

#### **Petroleum Jelly**

Petroleum jelly as a treatment for mange holds two benefits. It soothes the dog's itching by moisturizing and softening the waxy, hard deposits around the areas where eggs have been laid on the dog's skin. It also effectively smothers and kills the mites and eggs. The petroleum jelly should be left on for a few hours without washing it off. This treatment can be messy and is best done outdoors.

#### **Dietary Modifications**

A diet heavy with leafy vegetables and vitamin supplements such as vitamin E, C and fish oil have been shown to improve mange and overall skin conditions for dogs. Veterinarians recommend using this diet modification in addition to other treatments as this particular remedy will not necessarily kill the actual mites causing the mange. It will, however, make the skin irritation more tolerable and speed up the healing process once the mites are gone.



### **Therapeutic Oils**

Lavender oil, almond oil and neem oil can be an effective topical treatment for mange. The three oils can be combined at a ratio of around nine parts almond oil to one part each of lavender oil and neem oil, as too much of the latter two can be irritating to the skin. The mixture should be applied twice a day to effectively get rid of the mites. Tea tree oil alone can be another beneficial oil to use and should be applied twice daily.

### **Other Oils and Grease**

Although extremely messy, most oils or grease found in the ordinary kitchen can be used as a remedy for mange. A few drops of cooking oil on the infected area will have similar effects as the petroleum jelly but will need to be reapplied multiple times daily to achieve the same result. Some pet owners have also successfully treated their dogs using bacon grease on the mange several times daily for a few weeks.

### **Dog itchininess/dandruff/rash**

**Important Note: Please do patch tests beforehand.**

#### **1. Baking soda paste**

Baking soda

calamansi/lemon juice

Few drops of EVOO/VCO

\*Work into the affected area, let it sit for a few minutes, rinse.

(Can also be used for stain removal)

\*If your dog's skin is sensitive, reduce baking soda.

#### **2. Vinegar rinse**

1 tablespoon ACV/White vinegar per cup of water (for baths)

\*Dilute ACV/white vinegar with water (1:1) if applied only on affected area.

#### **3. Oatmeal bath**

2-3 cups finely ground oatmeal per gallon of \*warm\* water

1/2 cup epsom salt

1/2 cup honey (optional)

#### **4. Chamomile mint rinse**

Chamomile tea

Mint tea (optional: green tea)

\*apply on affected area with a cotton ball OR pour it all over your dog (avoid the face please), let it sit for a few minutes, then rinse off.



## 5. Corn starch (dry)

- \*Sprinkle corn starch on affected area and rub. Use as powder/dry shampoo.
- \*Let it sit for a few minutes, then brush out.

## 6. Honey paste

- 3 tablespoons honey
- 1 tablespoon white vinegar / ACV
- 1 tablespoon lemon/calamansi juice
- Few drops of EVOO/VCO/vitamin E
- egg yolk (optional)
- \*apply only on affected area

## 7. EVOO/VCO

- \*Put about half a tablespoon to a tablespoon of EVOO/VCO in each meal. (depends on the size and weight of your dog)
- \*(optional) Flax oil, fish oil, or vitamin e oil
- (Brewer's yeast and raw garlic in small doses)

## 8. Corn starch (wet)

- Mix corn starch in warm water, stir continuously.
- \*Use a cotton ball to apply on affected area

## 9. Aloe Vera Gel

- \*Apply directly on affected area

## 10. Basil tea

Boil basil leaves, chill, and apply on affected areas (or pour on dog's coat then rinse after a few minutes)

## 11. ACV

- \*Add about half a tablespoon to a tablespoon of ACV in your dogs' water bowls. (depends on the size and weight of your dog). Give them time to adjust to the taste.
- (Also helps remove tear stains)

**\*Note:** the tincture of calendula and oils such as eucalyptus oil, white thyme oil, lavender oil, and tea tree oil are very helpful for skin irritation, however, they may be poisonous when ingested. Dogs tend to lick their fur when they're wet.

## Dry shampoo/powder:



(Use as powder. Make sure your dog's fur isn't damp or wet)

**May be used independently or mixed:**

Finely ground oatmeal (not instant oatmeal. Best if colloidal or rolled--you can chop it or put it in a food processor/blender.)

Corn starch

100% pure cocoa powder

flour

unscented talc

Baby powder

The following should only be used in small amounts, mix with something from above. (Cannot be used independently):

Cinnamon (1:3 max) - patch test first. Reduce if your dog's skin is sensitive.

Table salt (1:5 max)

ground dried lavender (just a pinch)

ground cloves (1:5 max)

Baking soda (1:3 max)

arrowroot powder (1:4 max)

Note:

To use, sprinkle it all over your dog, let it sit for about 5 minutes, then brush off. It's best to use this when your dog is smelly/dirty/oily, not right after a bath.

\*Do a patch test first, your dog's skin may be irritated. (Check for allergies too)

\*Keep the powder away from their face.